



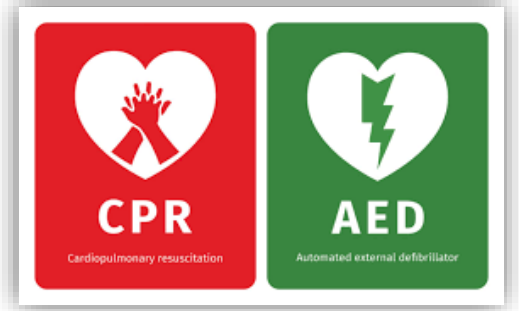
CPR & AED

You Can Make a Difference

Description

Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) training is designed for nonprofessional responder (swimming coaches, health and fitness staff, corporate, industrial and retail employees) required to have CPR and AED knowledge or for those who simply want to help in an emergency.

This course focuses on sudden cardiac arrest, heart attack, stroke, airway obstruction, CPR, and the use of an automated external defibrillator (AED) at the scene of an accident or sudden illness with confidence in a prompt, safe and effective way until the Emergency Medical Services arrive.



Duration

Initial training: 4 – 6 hours

Refresher training: 4 – 6 hours

Course Content / Modules Covered

A wide range of subjects is covered including:

- Universal Precautions
- Stroke
- Sudden Cardiac Arrest
- Airway Management
- Chest Compressions
- AED Use and Operation
- Choking
- Chain of Survival
- Heart Attack
- Emergency Action Steps
- Rescue Breathing
- Cardiopulmonary resuscitation (CPR)
- Foreign Body Airway Obstruction

If your organisation has a specific area of training that is not included, or you require a more indepth session, then we can accommodate you by providing additional training in that particular subject.

Teaching methods

Traditional Classroom Training.

Blended Training - Blended Training combines the convenience of online learning with a shortened practical skills session in order to meet both knowledge and skill objectives for learners. Using an online learning platform to meet knowledge objectives provides flexibility and self-control for the learner and convenience and cost savings for an individual, organisation or employer.

Certification

Subject to assessment, all participants will be issued with a Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) certificate from one of the following accreditation agencies.

This qualification is valid for 2 years which can be renewed by attending re-qualification course.

Costs

Initial Training: R 360,00 per delegate

Blended Training: R 300,00 per delegate

Refresher Training: R 360,00 per delegate (proof of current in-date certification needed)

Group Rates: Contact us for a quotation; should you have a group of delegates requiring training.

TeacherBubbles.com

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